

AUGUST 2023 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>1</u> Sloppy Joes Orange Glazed Carrots June Peas Sugar Cookies	<u>2</u> Turkey Salad Broccoli Raisin Salad Banana Orange-Pineapple Gelatin	<u>3</u> Oven Fried Chicken Collard Greens White Lima Beans Cornbread Peaches In Juice	<u>4</u> BBQ Pulled Pork Coleslaw Mixed Baked Beans Stewed Apples
<u>7</u> Scalloped Green Limas Buttered Carrots Cinnamon Applesauce	<u>8</u> Meatballs In Brown Gravy Okra & Tomatoes Tropical Fruit Mix Brown Rice	<u>9</u> Chicken Salad Cucumbers & Onions In Ranch Marinated Slaw Banana	<u>10</u> Country Style Steak In Gravy Mashed Potatoes Collard Greens Cornbread Pineapple Tidbits in Juice	<u>11</u> BBQ Chicken Leg & Thigh Black-eyed Peas German Hot Potato Salad Lime Pear Gelatin
<u>14</u> Pork Riblet Cauliflower With Cheese Sweet Potatoes Tropical Fruit Mix	<u>15</u> Spaghetti W/ Meat Sauce Green Beans Squash Casserole Butterscotch Pudding	<u>16</u> Salisbury Steak W/ Brown Gravy Mashed Potatoes Steamed Broccoli Banana	<u>17</u> Herb Baked Chicken White Lima Beans Okra & Tomatoes Strawbry Gelatin	<u>18</u> Barbequed Beef Marinated Vegetables Mixed Greens Rice / Cornbread Cookies
<u>21</u> Macaroni, Cheese & Ham June Peas Sweet Potatoes Pears In Juice	<u>22</u> Tuna Salad Four Bean Salad Banana Lemon Fruit Dessert	<u>23</u> Chicken Tenders Buttered Corn Steamed Cabbage Cookies	<u>24</u> Meatballs In Brown Gravy Mashed Potatoes Turnip Greens Cornbread Banana	<u>25</u> Smothered Chicken Pinto Beans Mixed Vegetables Fig Bar
<u>28</u> Meatloaf In Brown Gravy Mashed Potatoes Mixed Vegetable Fresh Apple	<u>29</u> Sloppy Joes Orange Glazed Carrots June Peas Sugar Cookies	<u>30</u> Turkey Salad Broccoli Raisin Salad Banana Orange-Pineapple Gelatin	<u>31</u> Oven Fried Chicken Collard Greens White Lima Beans Cornbread Peaches In Juice	Milk served daily; bread or roll on most days

PREPARED BY SENIOR CATERING

SEPTEMBER 2023 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk served daily; bread or roll on most days				<u>1</u> BBQ Pulled Pork Coleslaw Mixed Baked Beans Hamburger Bun Peach Cobbler
<u>4</u> Holiday	<u>5</u> Meatballs In Brown Gravy Okra & Tomatoes Tropical Fruit Mix Brown Rice	<u>6</u> Chicken Salad Cucumbers & Onions In Ranch Marinated Slaw Banana	<u>7</u> Country Style Steak In Gravy Mashed Potatoes Collard Greens Cornbread Pineapple Tidbits in Juice	<u>8</u> BBQ Chicken Leg & thigh Black-eyed Peas German Hot Potato Salad Lime Pear Gelatin
<u>11</u> BQ Riblet Cauliflower With Cheese Sweet Potatoes Tropical Fruit Mix	<u>12</u> Spaghetti W/ Meat Sauce Green Beans Squash Casserole Butterscotch Pudding	<u>13</u> Salisbury Steak W/ Brown Gravy Mashed Potatoes Steamed Broccoli Banana	<u>14</u> Herb Baked Chicken White Lima Beans Okra & Tomatoes Strawbry Gelatin	<u>15</u> Barbequed Beef Marinated Vegetables Mixed Greens Rice / Cornbread Cookies
<u>18</u> Macaroni, Cheese & Ham June Peas Sweet Potatoes Pears In Juice	<u>19</u> Tuna Salad Four Bean Salad Banana Lemon Fruit Dessert	<u>20</u> Chicken Tenders Buttered Corn Steamed Cabbage Cookies	<u>21</u> Meatballs In Brown Gravy Mashed Potatoes Turnip Greens Cornbread Banana	<u>22</u> Smothered Chicken Pinto Beans Mixed Vegetables Fig Bar
<u>25</u> Meatloaf In Brown Gravy Mashed Potatoes Mixed Vegetable Fresh Apple	<u>26</u> Sloppy Joes Orange Glazed Carrots June Peas Sugar Cookies	<u>27</u> Turkey Salad Broccoli Raisin Salad Banana Orange-Pineapple Gelatin	<u>28</u> Oven Fried Chicken Collard Greens White Lima Beans Cornbread Peaches In Juice	<u>29</u> BBQ Pulled Pork Coleslaw Mixed Baked Beans Stewed Apples

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